## **THE HUB** SUPPORT FOR LPCS YOUR LPC SUPPORT PERSON:

#### DENA MICCINELLO DMICCINELLO@RYASAP.ORG (203) 989-5462

FAIRFIELD, EASTON, MONROE, WILTON

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### NORWALK, WESTPORT, WESTON, STRATFORD

KAITLIN COMET KCOMET@RYASAP.ORG (203) 450-1336

GREENWICH, STAMFORD, DARIEN, BRIDGEPORT

MELISSA PEREZ-CONSTANTINE <u>MPEREZCONSTANTINE@RYASAP.ORG</u> (203) 581-1344

> NEW CANAAN, TRUMBULL

REGIONAL LPC MEETINGS 10/13/23, 1/12/24, 4/12/24, 6/14/24 9:30 AM - 11:30 AM





## THE HUB WEBSITE

- Subscribe to our weekly newsletter
- <u>Access & download our Priority</u> <u>Report & Infographics</u>
- Resource Guides (English & Spanish)
  - Greenwich to Westport
  - Fairfield to Stratford
- List of Free Peer Support Groups
- Order FREE Materials
- <u>Calendar of Events</u>
- RSVP to Events or request a Training

### Helpful Hub pages:

- <u>COVID-19 page</u>
- LGBTQIA+ page
- <u>Mental Health Resources page</u>
- <u>Prevention page</u>
- <u>Recovery Friendly Workplace Initiative</u>
- Get Involved!

## THE HUB PRIVATE LPC PAGE

Includes: Funding info, application forms, application assistance, final report, contact lists, relevant trainings & more! thehubct.org/LPCresources

# DISTRIBUTIONS & SHARING

- Send your events, flyers and other materials to: <u>info@thehubct.org</u>
- You can also send a calendar invite to <u>info@thehubct.org</u> to add your event to our public calendar on our website
- Be sure to send us your materials in a timely manner. This way we can share to our mailing list and include it in our newsletters
- Subscribe to our newsletter for updates, info, upcoming events & trainings, and more!
- You will also receive emails from us from time to time. If you know of anyone else who should be on our mailing list, please let us know. Additionally, if you'd like to be on a specific mailing list (RSAB, CACs, etc.), let us know.

# **SOCIAL MEDIA**

Facebook: @TheHubCT Instagram: @thehub\_ct Twitter: @TheHubCT1 Youtube: @ The Hub CT Info