



THE HUB: Behavioral Health Action Organization for Southwestern CT

CALENDAR OF QUARTERLY MEETINGS FOR 2021-22

*Please note: All meetings will be held **online** until further notice. Recordings will be made available.*

Regional Local Prevention Council (LPC) Meetings:

- Limited to identified representatives of the Local Prevention Councils in Southwestern CT
- Focus on supporting state-funded coalitions to prevent substance misuse in their towns
- Quarterly on 2nd Fridays starting in October, from 10-12: October 8th, January 14th, April 8th, June 3rd
- RSVP [Events | The Hub CT](#) for meeting link

Regional Advisory Board (RAB) Meetings:

- Limited to identified representatives of the RAB in Southwestern CT
- The board advises the RBHAO work plan
- Quarterly on 1st Wednesday starting in October, from 2pm-3:30pm: October 6th, January 5th, April 6th, July 6th
- Meeting link gets emailed directly to the identified advisors

Catchment Area Council Meetings (open to anyone interested): **We have merged the CACs together!**

- Open to all; 51%-65% of participants must be individuals with lived experience with mental illness and/or substance misuse; other participants include providers, family members, and advocates
- Focus on sharing resources, identifying needs, and advocating to improve the behavioral health treatment and recovery system

CAC 1-4 (covering Darien, Greenwich, New Canaan, Norwalk, Stamford, Weston, Westport, Wilton, Bridgeport, Easton, Fairfield, Monroe, Stratford, Trumbull) meets every other 3rd Thursday of month starting in January 2021, from 2:30pm-4pm: September 16th, November 18th, January 20th, March 17th, May 19th, June 3rd.

- RSVP [Events | The Hub CT](#) for meeting link

Regional Suicide Advisory Board Meetings (open to anyone interested):

- Open to anyone from Southwestern CT interested in working to address suicide
- Focus on strategically planning, coordinating and supporting suicide awareness and safety efforts across the continuum of prevention, intervention, postvention and grief support, and recovery
- September 17th from 12-2
- Quarterly on 2nd Fridays starting in December, from 10am-12pm: December 10, March 11, June 3rd
- RSVP [Events | The Hub CT](#) for meeting link

Region 1 Gambling Awareness Team Meetings (open to anyone interested):

- Open to anyone from Southwestern CT interested in raising awareness about problem gambling and gaming
- Focus on raising awareness and developing prevention and treatment capacity in the region
- Tuesday September 21st, from 2pm-4pm. After meeting will be 2nd Tuesday starting December 14, March 8, June 14
- RSVP to Ingrid.gillespie@liberationprograms.org for meeting link

Brown Bag Lunch & Learns – 2021 (open to all, please rsvp at [Events | The Hub CT](#)):

- **The Basics of Data Literacy Workshop:** TBD
- **Catch My Breathe:** TBD
- **Gaming 101:** TBD
- **Decoding Gen Z:** TBD
- **Legislative Forum:** TBD

Note: Subcommittees, lunch & learns, legislative, and other meetings and trainings will be announced throughout the year. Please make sure you're subscribed to our weekly newsletter to find out about these! To include your behavioral health event in the weekly newsletter, please send an image file to info@thehubct.org