



# THE HUB: Behavioral Health Action Organization for Southwestern CT

## CALENDAR OF QUARTERLY MEETINGS FOR 2022-23

*Please note: All meetings will be held **online** until further notice. Recordings will be made available.*

### Regional Local Prevention Council (LPC) Meetings:

- Limited to identified representatives of the Local Prevention Councils in Southwestern CT
- Focus on supporting state-funded coalitions to prevent substance misuse in their towns
- Quarterly on 2<sup>nd</sup> Fridays starting in October, from 9:30-11:30 am October 14<sup>th</sup>, January 13<sup>th</sup>, April 14<sup>th</sup>, June 9<sup>th</sup>
- Daniella will send a calendar invite to the identified representatives

### Catchment Area Council Meetings (open to anyone interested): We have merged the CACs together!

- Open to all; 51%-65% of participants must be individuals with lived experience with mental illness and/or substance use; other participants include providers, family members, and advocates
- Focus on sharing resources, identifying needs, and advocating to improve the behavioral health treatment and recovery system
- **CAC 1-4 (covering Darien, Greenwich, New Canaan, Norwalk, Stamford, Weston, Westport, Wilton, Bridgeport, Easton, Fairfield, Monroe, Stratford, Trumbull)** meets every other 3<sup>rd</sup> Thursday of month starting in September 2022, from 2:30pm-4pm: September 15<sup>th</sup>, November 17<sup>th</sup>, January 19<sup>th</sup>, March 16<sup>th</sup>, May 18<sup>th</sup>.
- RSVP [Events | The Hub CT](#) for meeting link

### Regional Suicide Advisory Board Meetings (open to anyone interested):

- Open to all; from Southwestern CT interested in working to address suicide.
- Focus on strategically planning, coordinating and supporting suicide awareness and safety efforts across the continuum of prevention, intervention, postvention and grief support, and recovery
- Meets quarterly on the 2<sup>nd</sup> Friday starting September 9<sup>th</sup>, from 12-2pm: December 9<sup>th</sup>, March 10<sup>th</sup>, June 9<sup>th</sup>
- RSVP [Events | The Hub CT](#) for meeting link

### Region 1 Gambling Awareness Team Meetings (open to anyone interested):

- Open to anyone from Southwestern CT interested in raising awareness about problem gambling and gaming
- Focus on raising awareness and developing prevention and treatment capacity in the region
- Meets quarterly on the 2<sup>nd</sup> Tuesday starting October 11<sup>th</sup> from 2:30 pm- 4pm. Following meetings scheduled on Jan 10<sup>th</sup>, April 11<sup>th</sup> and June 13<sup>th</sup>
- RSVP to [Ingrid.gillespie@liberationprograms.org](mailto:Ingrid.gillespie@liberationprograms.org) for meeting link

### Brown Bag Lunch & Learns – 2022 & 2023 (open to all, please rsvp at [Events | The Hub CT](#)):

- **National Center of Excellence for Eating Disorders presents comorbidity between suicide & eating disorders:** September 14<sup>th</sup> 2022 (12:00 PM – 1:00 PM)
- **The Connection Between Interpersonal Violence & Mental Health (Suicide & Substance Use):** TBD (title subject to change)
- **Gaming 101:** TBD
- **Legislative Forum:** Date TBD - Open to anyone interested in participating in a CAC Legislative Forum Subcommittee. To join, email Kaitlin Comet at [kaitlin@ryasap.org](mailto:kaitlin@ryasap.org). Meetings vary, and are dependent on the availability of members. The subcommittee will begin meeting in August 2022 .

**Note:** Subcommittees, lunch & learns, legislative, and other meetings and trainings will be announced throughout the year. Please make sure you're subscribed to our weekly newsletter to find out about these! To include your behavioral health event in the weekly newsletter, please send an image file to [info@thehubct.org](mailto:info@thehubct.org)