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## WHAT IS THE CATCHMENT AREA COUNCIL (CAC)?

We have merged the CACs together! The “Catchment Area Council” (CAC) is a grassroots community group for consumers and providers to work together to identify behavioral health service needs, barriers, and initiatives in their communities. This is an opportunity to use your voice! Come share your experiences, express your ideas, raise awareness, and help identify improvements to the treatment and recovery system.

Kaitlin Comet, Program Coordinator – [kaitlin@ryasap.org](mailto:kaitlin@ryasap.org)

Ingrid Gillespie, Co-Chair – [Ingrid.Gillespie@liberationprograms.org](mailto:Ingrid.Gillespie@liberationprograms.org)

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### CACs 1 – 4 Bimonthly Meeting (Zoom)

Thursday, September 16<sup>th</sup>

2:30PM – 4PM

Please RSVP here: <https://www.thehubct.org/event-info/cac-meeting-2021-09-16-14-30>

*Click on the link above to be directed to our website. Click “Register Now” to RSVP to the meeting and receive the Zoom invite link.*

### Meeting Agenda

- **Introductions**

Please put your name & affiliation in the chat!

- Giovanna Mozzo – The Hub

- **Behavioral Health Regional Updates**

- Daniella Arias – The Hub: Prevention/Binge Drinking/Alcohol (LPC)
- Ingrid Gillespie: Gambling Awareness

- **Behavioral Health Legislation & Policy Updates**

- Mary-Kate Mason – DMHAS
- Thomas Burr - NAMI
- Jordan Fairchild – KTP

- **September - Suicide Awareness Month & Recovery Month**

- Daniella Arias & Giovanna Mozzo – The Hub: Regional Suicide Updates
- The Hub Regional Suicide & Recovery Resources & Events
- What is everyone else doing?

- **Region 1 SW CT Priority Report Summary**
  - Ingrid Gillespie - Regional Priorities & Gaps  
How will we address Mental Health?
  
- **Planning Legislative Forum Proposal – Legislative Ideas**
  - Amy Badini – Prevention & Mental Health Advocate  
Bill HR3733 – Essential Caregivers Act
  - Would we like to move forward with this? How can we do this?
  
- **Brief Member Announcements & Updates**
  
- **Summary – Next Steps**
  - November 18<sup>th</sup>: Using CAC meeting time to attend Beacon Health’s presentation on Members & Providers Education (Zoom link and flyer will be emailed out)
  - Would we like to reschedule the November 18<sup>th</sup> meeting so we can still meet in Nov.?
  - What presentations or speakers would you be interested in hosting at our meetings? Put your answers in the chat!

### Upcoming 2021 – 2022 Meeting Dates

#### **Bimonthly - 3<sup>rd</sup> Thursdays, 2:30PM – 4PM**

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**September 16<sup>th</sup> 2:30PM – 4PM**

**November 18<sup>th</sup> 2:30PM – 4PM**

**January 20<sup>th</sup> 2:30PM – 4PM**

**March 17<sup>th</sup> 2:30PM – 4PM**

**May 19<sup>th</sup> 2:30PM – 4PM**

**June 3<sup>rd</sup> 2:30PM – 4PM** \* Please note: This is a Friday! \*