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## WHAT IS THE CATCHMENT AREA COUNCIL (CAC)?

We have merged the CACs together! The “Catchment Area Council” (CAC) is an open grassroots community group for individuals with lived experience with mental illnesses or challenges and/or substance misuse. The group includes providers, consumers, family members, advocates, and more. We are focused on sharing resources, identifying gaps and needs, and advocating to improve the behavioral health treatment and recovery system. This is an opportunity to use your voice! Come share your experiences, express your ideas, raise awareness, and help identify improvements to the treatment and recovery system.

Kaitlin Comet, Program Coordinator – [kaitlin@ryasap.org](mailto:kaitlin@ryasap.org)

Ingrid Gillespie, Co-Chair – [Ingrid.Gillespie@liberationprograms.org](mailto:Ingrid.Gillespie@liberationprograms.org)

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### Region 1 CACs 1 – 4 Bimonthly Meeting (Zoom)

Thursday, January 20<sup>th</sup>

2:30PM – 4PM

Please RSVP here: <https://www.thehubct.org/event-info/cac-meeting-2022-01-20-14-30-2>

*Click on the link above to be directed to our website. Click “Register Now” to RSVP to the meeting and receive the Zoom invite link.*

### Meeting Agenda

- **Introductions**
  - Please put your name & affiliation in the chat!
  
- **Behavioral Health Legislation & Policy Updates**
  - Mary-Kate Mason – DMHAS
  
- **Behavioral Health Regional Updates**
  - Daniella Arias – The Hub: Prevention
  - Victoria O’Neill – The Hub: Suicide
  - Jeremy Kosbob – The Hub: Recovery Friendly Workplace
  
- **Spotlight Presentations**
  - Denise Vestuti, LCSW & Danielle Leblanc, MSW – Laurel House & Resources to Recovery (20 min)
  - Kelsey Ciarleglio, MSW – High Focus Centers (20 min)

- **Legislative Forum Subcommittee Updates**
  - Legislative Priorities Survey
  - We are always looking for more volunteers!
- **Brief Member Announcements & Updates**
- **Summary – Next Steps**
  - Next CAC meeting: March 17<sup>th</sup>, 2:30PM – 4PM
  - If you are interested in being a spotlight presenter, please email Kaitlin at [kaitlin@ryasap.org](mailto:kaitlin@ryasap.org)

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### Upcoming 2022 Meeting Dates

**Bimonthly - 3<sup>rd</sup> Thursdays, 2:30PM – 4PM**

Please RSVP to upcoming meetings here: <https://www.thehubct.org/events>

*Click on the link above to be directed to our website. Look for the upcoming CAC meeting date. Click "Register." Click "Register Now" to RSVP to the meeting and receive the Zoom invite link.*

**March 17<sup>th</sup> 2:30PM – 4PM**

**May 19<sup>th</sup> 2:30PM – 4PM**

**June 3<sup>rd</sup> 2:30PM – 4PM** \* Please note: This is a Friday! \*