
WHAT IS THE CATCHMENT AREA COUNCIL (CAC)?

We have merged the CACs together! The “Catchment Area Council” (CAC) is an open grassroots community group for individuals with lived experience with mental illnesses or challenges and/or substance misuse. The group includes providers, consumers, family members, advocates, and more. We are focused on sharing resources, identifying gaps and needs, and advocating to improve the behavioral health treatment and recovery system. This is an opportunity to use your voice! Come share your experiences, express your ideas, raise awareness, and help identify improvements to the treatment and recovery system.

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Ingrid Gillespie, Co-Chair – Ingrid.Gillespie@liberationprograms.org

Region 1 CACs 1 – 4 Bimonthly Meeting (Zoom)

Thursday, May 19th

2:30PM – 4PM

Please RSVP here: <https://www.thehubct.org/event-info/cac-meeting-2022-05-19-14-30-2>

Click on the link above to be directed to our website. Click “Register Now” to RSVP to the meeting and receive the Zoom invite link.

Meeting Agenda

- **Introductions**
 - Please put your name & affiliation in the chat!

- **Behavioral Health Legislation & Policy Updates**
 - Giovanna Mozzo & Margaret Watt
 - Follow Up Email w/ Updates

- **Behavioral Health Regional Updates**
 - Daniella Arias – The Hub: May Mental Health Month & National Prevention Week (NPW)
 - Ingrid Gillespie – Liberation Programs: Updates

- **Spotlight Presentations**
 - Glenna Rains – Ability Beyond
 - Austin Terreri – AmeriCorps, Prevention Corps
 - <https://www.preventioncorpsect.org/>
 - Carolina Grijalba-Rodriguez, LCSW – Stamford PD Social Worker

- Victoria O’Neill – The Hub: Suicide & Postvention
 - **CAC Assessment Survey**
 - <https://forms.gle/d8R3D3KA5baBEhsz5>
 - **Member Announcements & Updates**
 - **Summary – Next Steps**
 - Next CAC meeting: June 3rd 10AM – 12PM. This meeting will be a Hub Year Review/Engagement Party!
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Upcoming 2022 Meeting Dates

Bimonthly - 3rd Thursdays, 2:30PM – 4PM

Please RSVP to upcoming meetings here: <https://www.thehubct.org/events>

Click on the link above to be directed to our website. Look for the upcoming CAC meeting date. Click “Register.” Click “Register Now” to RSVP to the meeting and receive the Zoom invite link.

June 3rd 10AM – 12PM * Please note: This is a Friday & a different time! *

We will resume CAC meetings in September 2022!