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## WHAT IS THE CATCHMENT AREA COUNCIL (CAC)?

The Catchment Area Council (CAC) is an open community group. Our group includes individuals with lived experience with mental illnesses or challenges and/or substance use as well as providers, consumers, family members, friends, medical professionals, first responders, advocates, and more!

We are focused on sharing resources, raising awareness, identifying trends, gaps, and needs, and advocating to improve the behavioral health system for all ages and across prevention, treatment and recovery. The CAC's ability to forge partnerships in the behavioral health system and throughout our communities is key in influencing systems and contributing to health communities.

This is an opportunity to use your voice! Each person comes with their own experience and expertise, and we want to hear from you. This is also an opportunity to hear, learn from and empower the voices of our region.

Check out our new web page! <https://www.thehubct.org/region1catchmentareacouncil>

Kaitlin Comet, Program Coordinator & Region 1 CAC Lead – [kaitlin@ryasap.org](mailto:kaitlin@ryasap.org)

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## Region 1 CAC Bimonthly Meeting (Zoom)

Thursday, January 19<sup>th</sup>

2:30PM – 4PM

Please RSVP here: <https://www.thehubct.org/event-info/cac-meeting-region-1-sw-ct-3>

*Click on the link above to be directed to our website. Click "Register Now" to RSVP to the meeting and receive the Zoom invite link.*

### Meeting Agenda

- **Introductions**
  - Please put your name & affiliation in the chat!
- **Regional Behavioral Health Updates**
- **Legislative Updates**
  - Regional Legislative Priorities Survey (please complete by 1/20)
    - <https://forms.gle/riW5oCCC94pEZPoz6>
- **CAC Work Plan & Goals**
  - CAC Membership
  - Work Groups

- **Regional Priority Report Focus Groups**
    - Priority Report Focus Group Survey
      - <https://forms.gle/MDLhmtCP5DKZFQ8D6>
  
  - **Member Announcements & Updates**
    - What is happening in your work/community?
  
  - **Summary – Next Steps**
    - Next CAC meeting: Thursday, March 16<sup>th</sup>, 2:30PM – 4PM
    - If you are interested in adding to the agenda or in being a spotlight presenter, please email Kaitlin at [kaitlin@ryasap.org](mailto:kaitlin@ryasap.org)
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### [Upcoming 2022-2023 Meeting Dates](#)

#### **Bimonthly - 3<sup>rd</sup> Thursdays, 2:30PM – 4PM**

Please RSVP to upcoming meetings here: <https://www.thehubct.org/events>

*Click on the link above to be directed to our website. Look for the upcoming CAC meeting date. Click “Register.” Click “Register Now” to RSVP to the meeting and receive the Zoom invite link.*

**September 15<sup>th</sup>, 2:30PM – 4PM**

**November 17<sup>th</sup>, 2:30PM – 4PM**

**January 19<sup>th</sup>, 2:30PM – 4PM**

**March 16<sup>th</sup>, 2:30PM – 4PM**

**May 18<sup>th</sup>, 2:30Pm – 4PM**