



Region 1 CAC Meeting Minutes

Meeting Date: March 17th, 2022

Location: Zoom

Present: See Zoom Participants & Below

Recorded Meeting Here: <https://youtu.be/P9cYJOtryeI>

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME / ACTION/RESPONSIBLE
<p>RBHAO Legislative Updates</p>	<p>-We do have a Legislative CAC Subcommittee that met to plan our Region 1 CAC Legislative Forum. If you would like to be included in the subcommittee, please email Kaitlin.</p> <p>-The Legislative Forum covered Children’s Mental Health, Workforce Development & Mental Health in Older Adults. We also spoke on Peer Support Services. These topics were chosen based on The Hub’s Regional Priority Report 2020, the CAC Legislative Priorities Survey and the CAC Subcommittee. The forum was a success! View the recorded forum here: https://youtu.be/UuBdFWGYwXg</p> <p>-The Hub has a list of Legislative Priorities that we have been tracking. This covers prevention, treatment, recovery. Substances, suicide, mental health, etc. We have been testifying and submitting written testimonies. We will continue to do so during the legislative short session.</p> <ul style="list-style-type: none"> • Daniella Arias: Focusing on substance prevention bills. Vaping, vaping delivery systems, flavor ban, tobacco health trust fund & cessation efforts • Victoria O’Neill: Focusing on suicide bills • Ingrid Gillespie: Tobacco health trust fund • Margaret Watt: <ul style="list-style-type: none"> ○ Cannabis Advertising & Transfers bills ○ Peer Support Services Task Force 	<p>Track Bills here: https://www.cga.ct.gov/default.asp</p> <p><i>See attached for Basics of Advocacy PPT</i></p>

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	<ul style="list-style-type: none"> ○ S.B. 130 - https://www.cga.ct.gov/asp/cgabillstatus/cgabillstatus.asp?selBillType=Bill&which_year=2022&bill_num=130 This bill will go to the senate floor – we want to stop this bill. This affects Fairfield residents. This is a discriminatory bill against people with mental illness– residents don’t want Fairfield kids living nearby while receiving MH care. Please look out for talking points from Margaret & Kaitlin to talk to senators. <p>-RBHAO Bill H.B. 5410: Generally, we want to support this bill to codify and sustain RBHAOs. Please show your support AND recommendations to the bill by contacting your legislators. Giovanna Mozzo has sent an email to all CAC members regarding more information, a template and talking points. We support and share the recommendations to this bill including inclusivity of individuals with lived experience and more funding for mental health initiatives as we currently receive none.</p> <ul style="list-style-type: none"> • There is a workgroup drafting recommendations for this bill. Please email Jordan Fairchild to join: jfairchild_ktp@cahs.org <p>-There is no deadline for Norwalk to decide about marijuana store fronts. This will be ongoing for the next few months.</p>	

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<p>May Mental Health Awareness Month & National Prevention Week</p>	<p>-Mental Health highlights: we would like to highlight different individuals throughout the region with experiences with mental health (personal or professional). This is your time to tell a story. We can highlight you as a journal/blog entry or short video throughout the month of May through our newsletter and social media.</p> <p>-We want to build our consumer membership for CACs. We want to be sure to include more lived experience. We encourage providers to bring consumers to the CAC meetings. There is a lot of programming happening behind the scenes to build membership. We encourage feedback.</p> <p>-We hope to also host a lived experience panel during May to align with National Prevention Week. Hopefully, we can have individuals with lived experience talk about each NPW topic.</p> <p>-NPW: Save the date flyer: May 8th – May 14th. The in-person event will be held in our region in Bridgeport at the Science Discovery Center. The Hub will be pushing out a lot of info and awareness so be on the lookout!</p> <p>-Please subscribe to The Hub’s weekly newsletter to keep in touch with the CACs. We will have different CAC and Advocacy sections in the newsletter and will be creating an Advocacy tab on our website. Visit https://www.thehubct.org/ and scroll down to subscribe.</p>	<p>If you would like to participate in the Mental Health Highlight, please fill out this Google Form here: https://forms.gle/djAQRW23xbBZe7959</p> <p>If you or someone you know may be interested in participating in a lived experience panel, please email Kaitlin: kaitlin@ryasap.org</p> <p>Daniella Arias darias@ryasap.org</p>

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<p>CAC Spotlight Presentations</p>	<p>-Gambling Awareness – March is Problem Gambling Awareness Month</p> <ul style="list-style-type: none"> • Kelly Leppard, Kaitlin Brown & Fred Fetta – CT Problem Gambling <p>-Stamford CARES Services & Resources</p> <ul style="list-style-type: none"> • Beverly Reyes & Atiba DeCruise – Stamford CARES ○ Stamford CARES does have an open door policy but can help refer individuals to services in their area. They can assist in linking individuals to care <p><i>*See attached PPTs in email*</i></p>	<p>Kelly Leppard kelly.leppard@ct.gov</p> <p>Kaitlin Brown kaitlinf@ccpg.org</p> <p>Fred Fetta Fiorigio.Fetta@ct.gov</p> <p>Beverly Reyes BReyes@StamfordCT.gov</p> <p>Atiba DeCruise ADeCruise@stamfordct.gov</p>
<p>Member Updates</p>	<p>-Pursuit of Health & Wellness Expo (May 22nd 12PM – 5PM): This event will be at Stamford High School. This event may have waived fees. Involved is the Haitian Community Center & Foundation of Hope. If you are interested, please contact Stephanie Paulmeno who can get you in contact with the organization: spaulmeno47@yahoo.com</p> <p><i>*See flyer attached to email*</i></p> <p>-NAMI SW CT has many upcoming events and speakers. Please visit their site and subscribe to their newsletter to keep up to date: https://www.namisouthwestct.org/</p> <p>-Congrats to the Caribe kids & their PSA video!</p>	

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	<p>-Many organizations & advocates are hard at work with the legislative session.</p> <p>-Tobacco Compliance Lunch & Learn: Wednesday, March 23rd 12PM – 1PM. RSVP here: https://www.thehubct.org/events</p> <p>-Thank you Stephanie for the great work in training the region: The Quality Care Imperative in a Gender Fluid World. The Hub & Stephanie will be partnering again to offer a Lunch & Learn on Suicide in the Elderly</p> <p>-LGBTQIA+ Lunch & Learn will be coming up in April!</p>	
	<p>Next Meeting:</p> <p>May 19th 2:30PM – 4PM RSVP here: https://www.thehubct.org/event-info/cac-meeting-2022-05-17-14-30</p>	

In Attendance:

Kaitlin Comet, The Hub
Daniella Arias, The Hub
Giovanna Mozzo, The Hub
Ingrid Gillespie, Liberation Programs
Susie Gatto, NAMI SW CT
Mary Ann Kalm, LCSW Monroe
Margaret Watt, Positive Directions
Nicole Hampton, CPRS, RCP
Jordan Fairchild, KTP
Dr. Stephanie Paulmeno, DNP, MS, RN, NHA, CPH, CCM, CDP
Jessica Wisnieski, LCSW Family Centers
Gigi Chaux, Stamford CARES
Beverly Reyes, Stamford CARES
Atiba DeCruise, Stamford CARES
Kelly Leppard, DMHAS PGS
Kaitlin Brown, CCPG
Fred Fetta, DMHAS PGS
Alexandria Ranciato
Jeffrey Greenblatt
Holly Hackett, KTP
Deidre Ekholdt, LCSW Westport
Maria Pensiero
Lisa Gregory
Jeremy Wampler
Natalie Queen
Glenna Rains
Candy Bartlett
Dave walencyk
Jacqueline Vega
Lauren Paolucci
Kelsey Ciarleglio
Julie DeMarco
Phone Number