



# The Hub

*Behavioral Health Action Organization for Southwestern Connecticut*

**The Hub** is the state-designated Regional Behavioral Health Action Organization (RBHAO) serving Southwestern Connecticut—the 14 communities from Greenwich to Stratford. Our role is to serve as a strategic partner and resource for the region, supporting and coordinating initiatives related to **mental health, suicide, substance misuse, and problem gambling**, and liaising between the region and the state.

- **We conduct regional needs assessments** — *to develop epidemiological profiles and priority recommendations for behavioral health prevention, treatment, and recovery.*
- **We support Local Prevention Councils** — *helping our towns prevent substance misuse and promote mental health through technical assistance, coordination, and mini grants, including the State Opioid Response grants.*
- **We organize Catchment Area Councils** — *bringing behavioral health consumers and providers together to identify service needs and make recommendations about treatment and recovery.*
- **We convene the Southwest CT Suicide Advisory Board** — *to develop regional strategies and capacity to address suicide from prevention through postvention.*
- **We support the Region 1 Gambling Awareness Team** — *to provide education about problem gambling and gaming.*
- **We serve as strategic community partners** — *advising and providing resources to stakeholder groups such as the Community Health Improvement Projects and Opening Doors Fairfield County, and representing our region on many state-level advisory boards.*
- **We lead and support advocacy efforts** — *educating elected officials and other leaders.*
- **We help address the opioid epidemic** — *providing community trainings, Naloxone, and awareness campaigns.*
- **We outreach and support organizations who want to be a Recovery Friendly Workplace** — *helping employers shift to a policy environment that emphasizes help, hope, and the economic potential of healthy employees even as they recover from substance misuse. Contact us for your organization's certification.*

The Hub is a division of the Regional Youth-Adult Social Action Partnership (RYASAP), whose mission is to serve as a catalyst for community change.

*Please visit our website, [www.TheHubCT.org](http://www.TheHubCT.org), for resource guides, lists of free peer supports, online screenings, awareness videos and downloadable resources on a wide range of topics, a searchable calendar of events and trainings, and more information.*